




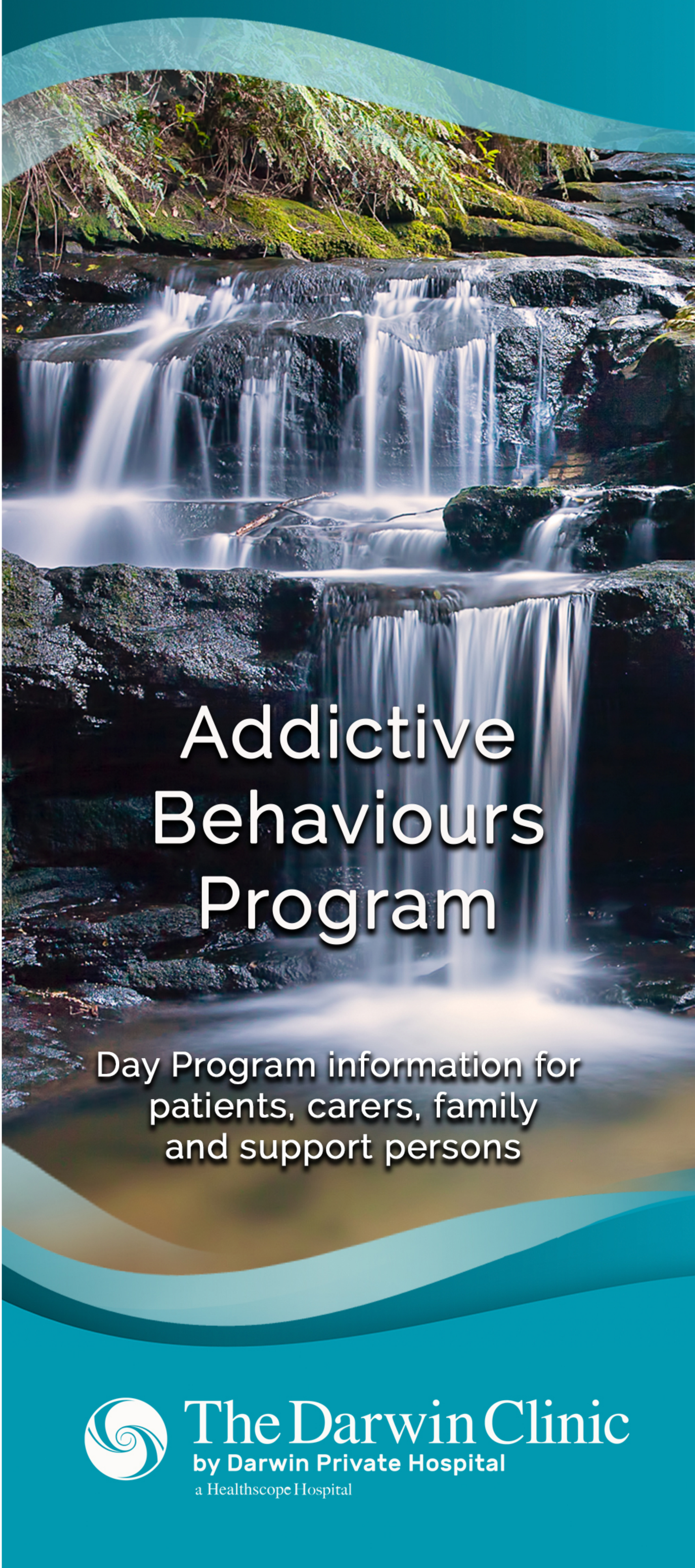



**The Darwin
Clinic**
by Darwin Private Hospital
a Healthscope Hospital

-  08 8982 6700
-  08 8982 6799
-  Darwin Private Hospital, Rocklands Drive, Tiwi
-  www.darwinprivatehospital.com.au




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Addictive Behaviours Program

Day Program information for
patients, carers, family
and support persons

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About the Program:

The Addictive Behaviours Day Program is a 6 week program to support individuals who are struggling with their use of alcohol, drugs, and/or gambling.

Detox can be completed as an inpatient at TDC prior to commencing the day program, if required. Participants are not required to be abstinent from substances prior to attending the group. However, we ask that you do not attend group if you are intoxicated, for the safety of yourself and other participants.

The Addictive Behaviours Program aims to:

- Educate individuals about dependence
- Encourage individuals to achieve their goals
- Equip individuals with skills to have a meaningful life without addictive behaviours
- Assist individuals to manage urges and cravings by developing coping strategies

Group sessions may include the following:

- Addictive Patterns
- The science of addiction and relapse
- Stages of change
- Values
- Control & Responsibility
- Relapse prevention

Cost

All referrals are subject to a health fund check prior to admission or commencing a program.

We have agreements with Private Health Funds, DVA, ADF, Workcover and MAC.

Self-funding is also an option.

Our Patient Services Staff will be pleased to answer any questions you may have in relation to cost.

Referral / Admission

To be admitted to our programs, you will need to ask your General Practitioner for a referral to The Darwin Clinic to one of our accredited psychiatrists.

Admission, therapy and care is under the supervision of the attending psychiatrist.

Treatment and care options are negotiated with the individual and is dependent on their mental health requirements

For further details, please contact The Darwin Clinic on 08 8982 6700.