

Ms Gail Bowker

BA, GDip(AppPsych), GDipClinPsych, MAPS

Psychologist



Gail is registered with the Psychology Board of Australia, a Member of the Australian Psychological Society (APS) and a long-term Territorian. She has over 20 years' experience in Government and non-Government organisations in clinical and managerial roles, working with people who have experienced trauma and PTSD and children and adolescents with complex and high-risk needs.

Her areas of interest are family and interpersonal relationship problems, difficulty with life transitions, developmental disorders, anxiety and affective disorders, PTSD and trauma.

Gail offers a respectful therapeutic relationship, clinical knowledge and genuine support through life's challenges. The therapeutic approaches used include Cognitive-behavioural therapy (CBT) and Trauma-focussed CBT, Schema therapy, Dialectical Behaviour Therapy (DBT), Mindfulness based therapies and Motivational Interviewing (MI).

To arrange an appointment for your patient with Ms Gail Bowker, please contact her rooms:

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